High School Lunch Menu November 2023

Meal Price:

Paid: \$3.50

Adult Lunch Meal: \$5.09+tax

More Info...

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch

Daily Vegetable Offerings: Baby Carrots, Celery Sticks & Tater Tots **Available Daily:**

- Made To Order Deli Sandwich V
- Grilled Cheese Sandwich on WG Bread V
- Bagel Meal: Fresh NY-Style Bagel w/ 2 Cheese Sticks OR Yogurt V
- Cheese Pizza V
- Pepperoni (P) Pizza

Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, V denotes Vegetarian option, (*) denotes item offered with WG dinner roll(s)

All deli sandwiches made with Boar's Head meats

Grades K-12 are offer vs serve and must choose at least 3, up to 5, of the below mentioned items. One of the choices must be a fruit or vegetable.

- -Meat/Meat Alternate
- -Vegetable
- -Whole Grain Item
- -Fruit
- -Milk

Limited Time Offer Spicy Tzatziki Beef Gyro 13th thru 17th

Made to order Salad Bar available every Tuesday and Thursday!

Chicken Meatball Sub Broccoli Fruit of the Day Milk of the Day

Hamburger or Cheeseburger on WG Bun Chickpea Salad Fruit of the Day Milk of the Day

National Sandwich Day Warrior Chicken Sandwich w/ Signature Sauce Waffle Fries Fruit of the Day Milk of the Day

Baked Ziti with Garlic Bread **Cucumber Coins** Fruit of the Day Milk of the Day

No School **Election Day**



Pepperoni (P) or Cheese Calzone Roasted Zucchini Fruit of the Day Milk of the Day

Chicken or Cheese Quesadilla on WG Tortilla Yellow Rice Black Beans Fruit of the Day Milk of the Day

10

No School **Veterans Day**



13

Pizza Crunchers **Grape Tomatoes** Fruit of the Day Milk of the Day

BBQ Chicken & Cheddar Calzone **Cucumber Coins** Fruit of the Day Milk of the Day

15

Mac & Cheese* Steamed Spinach Fruit of the Day Milk of the Day

16

Pepper Jack Cheeseburger Waffle Fries Chickpea Salad Fruit of the Day Milk of the Day

17

Chicken Meatball Sub Broccoli Fruit of the Day Milk of the Day

20

Warrior Chicken Sandwich w/ Signature Sauce Waffle Fries Fruit of the Day Milk of the Day

21

Walking Taco Tuesday

Soft or Crunchy Beef Taco's w/ all the sides Yellow Rice Black Beans Fruit of the Day Milk of the Day

22

Philly Cheesesteak on WG Sub Waffle Fries Spinach Salad Fruit of the Day Milk of the Day

23

No School **Thanksgiving** Recess



24

No School **Thanksgiving** Recess



27

Chicken Parmesan Red Pepper Strips Fruit of the Day Milk of the Day

28

National French Toast Day

French Toast with Syrup and Sausage (P) **Cucumber Coins** Fruit of the Day Milk of the Day

29

Pepperoni (P) or Cheese Calzone Garden Salad Fruit of the Day Milk of the Day

30

Pizza Crunchers Red Pepper Strips Fruit of the Day Milk of the Day

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This institution is an equal opportunity provider.